

SMSC in Physical Education

As an active member of Sainsbury's School Games and having achieved the School Games Gold Kitemark for high levels of commitment to the development of competition across school and the community, our department are proud to deliver all of our lessons with a clear focus on 'The Spirit of the Games Values' which focus on personal excellence through competition.

The six values are passion, belief, respect, determination, honesty and teamwork. These values were developed by young people to identify what the experience of school sport should be built around. These values have been successfully applied to all of our lessons to develop a range of behaviours, qualities and inter-personal skills with our students based on sporting experiences, scenarios and attitudes. 'The Spirit of the Games' supports and is underpinned by the school's SMSC statement.

Spiritual Development in PE

During the range of activities that students participate in, whether core PE lessons, exam subjects or extra-curricular PE sessions students develop a sense of enjoyment and fascination in learning about themselves, others and the world around them. Students are consistently encouraged to use their imagination and creativity in their learning, and showcase a willingness to reflect on their experiences.

Moral Development in PE

PE in general teaches students about code of conduct, etiquette, handshake before and after matches, applauding the opposition, fair play, unwritten rules and sportsmanship. In every lesson students abide by the rules and regulations, gaining a good understanding of rules of sport and the importance of infringements such as penalties and red cards allow students to understand the consequences of their actions which in turn helps students apply this understanding to their own lives.

The concepts of self-discipline to excel are essential. Students are taught that the only way you can achieve in sport to a high standard is if you work hard and if you can discipline yourself to train and apply yourself.

Social Development in PE

Students in PE use of a range of social skills in different contexts, including working and socialising with pupils from different religious, ethnic and socio-economic backgrounds. The willingness to participate in a variety of social setting, cooperating well with others and being able to resolve conflicts effectively. An interest in and understanding of the way communities and societies function at a variety of levels.

SMSC in Physical Education

Cultural Development in PE

The PE department encourages a willingness to participate in sporting opportunities that will help to develop positive attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities.

Examples of SMSC in PE include

- Many practical lessons provide students with the chance to lead warm-ups, skill practices and officiate games to enhance social skills.
- Sports activities and teams ran at lunchtime and after-school focuses upon developing students' social skills such as meeting new people, communicating with others and how to communicate with adults i.e. referees.
- Team captains are integral to our sports teams, liaising with everyone in the team and often having to speak and work with the opposing teams from all over the country. Students not only play against other schools within the Region but also nationally.
- Learning about different countries during Sport Olympic Week – teams research different countries i.e. their religion, language spoken and culture
- National School Sports Week provides students to taste many cultural aspects from around the world. During the week students taste different themed food from around the world, complimented with associated music