



LONGCROFT SPORT

Extra Curricular Programme

Summer Term 2018

	Lunchtime: 12:20-12:50	Afterschool: 15:50-16:45
Monday	Cricket – whole school (Spots Hall) Fitness Suite - Year 9, 10 & 11	Badminton – Whole School (Sports Hall)
Tuesday	Tennis – Whole school (US courts) Fitness Suite - Year 9, 10 & 11	Rounders – Whole school (Field)
Wednesday	Rounders – Year 7 & 8 (Field) Fitness Suite - Year 9, 10 & 11	Athletics – Whole school (Field)
Thursday	Tennis – Whole school (US courts) Rugby – Year 7 (3G) Fitness Suite - Year 9, 10 & 11	
Friday	Fitness Suite - Year 9, 10 & 11	Cycling – All Years (15 max)